

## SSCO Trampoline Competition

On Wednesday 9<sup>th</sup> December a group of 9 trampolinists and 6 spotters from Valentines took part in a Barking and Dagenham SSCO trampoline event.

This was the first time any of the pupils had ever been in such a competition and it was a great learning experience for them all.

Everyone enjoyed the event and all tried hard to produce their best performance. Well Done!

