

SSCo Trampolining Competition in Barking and Dagenham

Valentines High School were lucky enough to be invited for the second year running to take part in a trampolining competition at Sydney Russell School in Dagenham.

8 year 10 pupils put a lot of effort into practising their compulsory and voluntary routines for the competition.

On the day of the event, Wednesday 9th February, there were 5 teams in total taking part.

As well as having an enjoyable time, learning about how a competition is scored and watching others perform, they all performed to their best standard and Valentines managed to win 3rd place and a bronze medal and certificates

Well done everyone

