

## TOP GYM COURSE

On Thursday 28th January 20 Redbridge Teachers attended a TOP Gym course at Wanstead Youth Centre, Elmcroft Avenue, London E11 2DB. The course tutor was Richard Little (PE adviser for Kent).



This course aimed to help teachers and other adults to improve the quality of pupils' learning and attainment in gymnastic activities.

Feedback from the PLT's was very positive and found the practical aspect most helpful.

The photos show PLT's working on partner and group sequences.

